



METROPOLITAN



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Issue 9

CONTENTS

- Recipe
- Rasagrahan
- Anna Uvach
- Common cultures
- Club admin's take
- Almost Bhishi
- Projects
- Rotary International affairs
- RCPM in pictures

WRITERS

- Varsha Bapat
- Snehalata
- Altaf Chikodi
- FL Madhavi Kulkarni
- Anna Rahul
- Jayant Bokil
- Amit Apte
- Radhika Keskar
- Yogeshree Phadke
- Mukund Chiplunkar



कार्यक्रम



- **26th February** Sports day
Back to School
- **9th March** मी येसूवहिनी
- **16th March** DG Visit
- **30th March**
गप्पाटप्पा आणि बरच काही

March Krutika

- Dawale ,
- Joshi Prerana,
- Paranjpe,
- Phadke Rajas,
- Sakunde



PRESIDENTIAL

Dear Metropolitans,

Last week, we concluded our very enjoyable fund-raising event. It was a very well-organized event and was appreciated by all Metropolitans and our well-wishers. Popular Bollywood songs, sung in a new 'Andaz'/style, (while keeping the core intact), were very much aligned with this year's tag line, 'Try New things'.



Thanks to all Metropolitans, Rotary partner clubs across the world and Rotary Foundation for believing in our Anubandh project (End to end from cancer screening to detection to treatment with patient centric approach). It has passed thru all Rotary reviews, necessary funding commitments and is now 'Approved'. With this project, we all have an opportunity to create a working framework, which can later be replicated across the world.

This year, 'Manavya Sanstha' wants to experiment a new interesting logic at HIV Vivaha Melawa. We are very happy to be a partner in their endeavour.

Prakashwata project (Mobility Workshop for Blinds) received 'Once more' from many quarters. Hence, we will be repeating it at Pune Blind School.

Advances in Technology are changing our lives at an unthinkable speed. Covid induced needs, accelerated absorption of Technology, by masses, all over the world. Experts are already predicting that, in future (for human adults), casual interactions (or new experiences) in relaxed/small friendly gathering, accompanied with sumptuous food/drinks could only justify travel cost/time/efforts.

Rest of the interactions, entertainment, learning will mostly be moving to online medium and reaping all the benefits of Technology advancements. Next couple of years, we all will be in transitioning phase and thus dealing with extreme views.

February to April is going to be the most active months for us, so keep looking out for many interesting activities. Members will have lots of choices to participate in activities / locations / timing of their choice.

We are celebrating Understanding world and peace month in Rotary world. Let us know all about our neighbors. Knowing world art and cultures and customs. also, about rotary international will surely help us be a better part of global family. Let us not forget our family RCPM know more about programs and projects in this edition. (Editor)

Recipe Dadape Pohe ...healthy and tastier version!

Patal pohe.2 bowl Mix with variety salad.
. Grated cucumber, carrots, onions tomatoes 1 bowl green chilies coriander/spinach leaves finely chopped according to taste, Grated fresh coconut lots of it!

- Add butter milk to make mixture nice textured...salt and powdered sugar as per taste (make a perfect balance)
- Seasoning to add
- Heat 1 tbsp oil
- Add mustard seeds. Cracking finished.
- Add Hing Kari leaves peanuts. until nicely Cooked Add sesame seed or any other seeds to make it more nutritious.
- Lemon juice to taste.
- Mix all together and serve with coriander and fresh coconut garnish. You and add pomegranate. seeds too. taste very good too.

Varsha Bapat



रसग्रहण -कुंपण: कविवर्य वसंत बापट. या महिन्यात वैदेहिने ' शेजार ' या विषयावर कविता पाठवायला सांगितली . आणि मला वसंत बापटांची एक अतिशय संवेदनशिल कविता आठवली. ६-८ वर्षांचा एक अबोध मुलगा स्वतःच्या घराच्या खिडकीतून बाहेर रोज काहीतरी बघतो आहे. आपलेआपण काही अर्थ मनाशी लावतो आहे. आपल्या घरात, आई बाबांच्या छत्रछायेत अश्वस्त आयुष्य जगणाऱ्या त्या छोट्याला शेजारी दिसणाऱ्या झोपडीतल्या माणसां बदल खूप कुतूहल आहे, आणि त्याच्या अबोध मनाला पडणारे प्रश्न तो आपल्या आईला विचारतो आहे. मोजक्या ओळींची ही कविता आपल्याला, मोठ्या माणसांना सुध्दा अस्वस्थ करते.

(Snehalata)

कुंपण: वसंत बापट

आई, आपल्या घराला किती मोठुं कुंपण!

तारांमागे काटेरी का गं राहतो आपण?

पलीकडे कालव्या जवळ मोडक्या तुटक्या झोपड्या, मुलं

अगदी मळलेली, कळकट बायाबापड्या.

लोक अगदी घाणेरडे चिवडतात घाण,

पत्रावळीतले उष्टे म्हणजे यांचे जेवणखाण.

काळा काळा मुलगा एक, त्याची अगदी कमाल,

हातानेच नाक पुसतो , खिशात नाही रुमाल.

आंबा खाऊन फेकली मी कुंपणा बाहेर कोय ,

त्याने म्हंटले घेऊ का मी म्हंटले होय,

तेंव्हा पासून माझ्या पोटात कुठं तरी टोचतय गं,

झोपतांनाही गादीमधे कुंपण मला बोचतय गं .

अण्णा उवाच Pietà (पिएता)

आज आपण एक गोष्ट पहाणार आहोत. गोष्ट तर ऐकायची असते, पण ही गोष्ट मात्र नक्की पहाण्यासारखी गोष्ट आहे. ही गोष्ट म्हणजे संगमरवरी शिल्पात कोरलेली एक जुनी दंतकथा आहे. एका तरुण आईच्या मांडीवर तिच्या मुलाचा मृतदेह नुकताच ठेवला आहे. असं संगमरवरी दगडात कोरलेलं शिल्प, आपण या गोष्टीत पहाणार आहोत. प्रसंग एकदम हृद्य आहे. ही आई म्हणजे व्हर्जिन मेरी आणि तिच्या मांडीवर, नुकताच क्रुसावरून उतरवलेल्या येशूचा मृतदेह आहे. हे शिल्प ज्याने घडवले, त्या मायकेल अँजेलो या अष्टपैलू शिल्पकाराच्या नजरेतून बघण्याचा प्रयत्न करूया.



समोरून पाहताच शिल्पाच्या वैशिष्ट्यपूर्ण त्रिकोणाकृती आकारात, मेरीचे डोके सर्व प्रथम दिसते. तिचे दोन्ही हात आणि शरीर मांडीवर तोलून धरण्यासाठी केलेली पायांची रचना, खाली रुंद होत जाते. मेरीने तिचा उजवा हात, मृत जीजसच्या अचेतन शरीराला काखेतून वर उचलून धरण्यासाठी घातला आहे. तिच्या बोटानी जीजसच्या काखेमधले स्नायू वर उचलले गेले आहेत. ती उजवा पायही थोडा जास्त उंचावून, देहाचे डोके सावरून धरताना दिसते. जीजसचा खाली लोंबकळणारा हात बघताच, तो मृत आहे हे लक्षात येते. मेरीचा क्लान्त चेहरा आणि तिच्या डाव्या हाताचा पंजा पाहताच तिची मनस्थिती लगेच लक्षात येते. मेरीच्या अंगावरचा चुणीदार अंगरखा संगमरवरात कोरला आहे असे वाटतच नाही, तर खराखुरा वाटतो. जीजसचा देहाची निश्चलता या वस्त्रांच्या लयीमधून लगेच जाणवते. झाकलेल्या वस्त्रांमधूनही शरीराची रचना जाणवत राहते. मृत शरीर आणि जिवंतपणा यांचं सुरेख मिश्रण या संपूर्ण संपूर्ण शिल्पात दिसून येत. मायकेल अँजेलोने यात कुमारी माता मेरी, वयाने अधिक तरुण दाखवली आहे, यातून त्याला तिची शुद्धता दाखवायची असावी. जीजसचा डावा पायही खाली लोंबत आहे. जीजसचा डावा हात या फोटोत दिसत नसला, तरी मेरीचा डावा हात आणि जीजसचा हात, या दोन्ही मधे जिवंत आणि मृत हा फरक लगेच दाखवतो. मायकेल अँजेलोचे हे एकमेव शिल्प आहे, ज्याच्यावर त्याने त्याचे नाव कोरलेले आहे.

- अण्णा राहुल

Common cultures

It was 2010 when we had an opportunity to attend a Malaysian wedding. The name of the bride 'Subangi' got me interested. It was so much like Hindu name 'Shubhangi'. I started noticing the similarities between the Indian and Malaysian cultures. The use of spices in cooking, the importance of respect for elders, the practice of meditation and the importance of family and community. At the wedding venue most of the ladies were in Sarong very similar to our saree. The marriage was also arranged by the elders of the family. The bride and groom entered the hall walking under the umbrellas held by their relatives which reminded us of "Chatra-chamar." The lunch was served to us unlike the buffet which is very common now a days. The main dish was of course rice served with curries of bamboo shoots, pineapple, eggs, chicken and fish. The salads were of various vegetables and fruits like mango and Durian. Now it was time to leave. We complemented the bride, met the elders and were stepping outside the marriage hall. Just when we were reminiscing about our practice of giving a packet of ladoos and Chivda to the departing guests we were gifted with a white flower to which a *boiled egg* was attached!

Ann Radhika

Club Admin's take

क्लब ऍडमिनिस्ट्रेशन, ही एक मोठी जबाबदारी मी या रोटरी वर्षात आनंदाने स्वीकारली. या बुलेटीनसाठी आतापर्यंत झालेल्या कार्यक्रमांपैकी मला खूप आवडलेल्या काही कार्यक्रमांविषयी लिहायला सांगितले तेव्हा आपल्याच मुलांबद्दल लिहीताना जसे वाटेल, तसेच काहीसे वाटले. गुण - दोष मान्य केले तरीही सगळेच माझ्या मनाला जवळचे!

रोटरी वर्षाची लयबद्ध सुरुवात करून देणारे नाट्यसंगीत, दिवाळीची आतषबाजी करणारा कजरा मुहोब्बतवाला किंवा एक्सपिरीयन्स अवध सारखा हटके थीम बेस्ट बेस्ट कार्यक्रम वा ज्ञानेश्वरीतील विज्ञान हा डॉ. रविन थत्ते यांचा व्यासंग व अभ्यास परिपूर्ण कार्यक्रम, Life on a Submarine सारखा अनोख्या दुनियेत घेऊन जाणारा असे विविध विषयांवरील कार्यक्रम व त्यांना मिळालेला प्रतिसाद समाधान देणारा होता. सासू सासरे होताना या गौरी कनिटकरांच्या कार्यक्रमाच्या जोडीने अनेट्स चे केळवण किंवा RYE च्या नव्याने कुटुंबात सामील झालेल्या व आपल्याच Rotaractors बरोबर साजरे केलेले रक्षाबंधन...पावसाळ्यातल्या पिकनिक ला दोन दोन इंद्रधनुष्यांची कमान आणि एकांकिकेचा तालमीपासून बक्षिसांपर्यंत चा प्रवास...काय काय आणि किती किती लिहू..उर्वरित रोटरी वर्षात सुद्धा बॅक टू स्कूल स्पोर्ट्स डे, बावर्ची डे, मेट्रो बॉक्स ऑफिस - क्लब डे असे धमाल कार्यक्रम योजले आहेत. एकूण काय तर असाच लोभ असावा ही विनंती!! योगेश्री फडके

Almost Bhishi

Both of us strongly believed that route to cohesive club goes through the women power.

Be it Rotarians or Anns of the club. While thinking about what can be done specially for this strong pillar of the club... I came across this concept of "Almost Bhishi" So, basically no rules. no fixed members, no money, no fixed date, venue. And it really worked. We had almost 7 Bhishis till now. And with good involvement. So much so that I do not have to think about the next bhishi plan now.

बायकाच सुचवतात पुढची भिशी कशी कुठे करू या!

FL. Madhavi Kulkarni



PROJECTS

4th February 2023, World Cancer Day,

Rotary Club of Pune Metro

is proud to announce formal Rotary Foundation approval of our 'Anubandh' Global Grant Project.

'Cancer Awareness → Screening → Detection → Treatment and Counselling Project'

End to End, Patient Centric View, Data Collection/Analysis, Focus on Rural areas around Pune city.

A Unique Idea in Rotary

Project Value USD 48,530.

Project Partners:

District 3131, RCP Riverside, RCP Magarpatta city, RCP Up Town, RCP Gandhi Bhavan, RCP Sahawas, RCP Phoenix, RC Novi, RC Livermore, RC Elk Rapids, District 6380, District 5170.

Maharashtra Arogya Mandal's Sane Guruji Hospital, Indrayani Hospital and Cancer Institute.



On 11th January 2023, 20 Interact students from the Agashe school had the opportunity to visit the Suresh Naik Space Park under the RYLA program. The students were excited to learn about the fascinating world of space and astronomy. They had the chance to explore the various exhibitions and interactive displays, which helped them understand the wonders of the universe and the latest advancements in space technology. The students were also impressed by the well-maintained park and its beautiful surroundings. They thoroughly enjoyed their visit and learned a lot from the experience.

Rtn Amit Apte



Our Club organized the Rotary Vocational Service Awards as a part of its maiden Vocational Service project on January 19. President conducted the regular business. Rtn. PP Avinash Joshi was felicitated for his unique contribution to "Use and recycle" initiative and making Notebooks available to school students from his office waste stationery. Convenor PP Altaf Chikodi briefed the audience about Vocational Service and the purpose of giving the awards. The function aimed at recognizing and appreciating the services of lesser-known occupations. Three organizations namely Madhur Bhav, Kalpataru Sahani was Foundation and Taps Elder Home represented by Dr.Anjali Deshpande, Rtn.Madhavi Potdar and Ms.Prajakta Wadhavkar were welcomed by PP Altaf, and their care takers were identified for the awards. Rtn.Yogeshree Phadke read out the Plaque of Honour. 9 of the beneficiaries received the Certificates and a special gift from PP's Mohan Chhatre, PP, Madhav Tigulkar, PP. Jayant Bokil, PP Avinash Joshi, PP Seema Deshpande and Pres Vivek himself. Rtn.Madhavi Chauhan introduced the Chief Guest Ms.Prajakta Wadhavkar as a person who inherited the urge to work towards the cause of senior citizens from her family. Ms.Prajakta spoke about her journey in establishing Tapas Elder home in 2017 to be followed by Tapas DEMENTIA Care and Tapas Active ageing home. She appreciated the work of her associates and explained the challenges in taking care of geriatric patients in healing them from Alzheimers, Parkinsons, Dementia and many other Neurological disorders. She also spoke on what measures were taken to alleviate the symptoms of these disorders and how all three-pronged care like Medical, Dietary and Social care work together. Selfless giving and meaningful meetings like in Rotary can prolong the onset of these disorders, she stressed.

Altaf Chikodi



Rtn..Madhavi Menendale proposed a kind Vote of thanks and then Ms.Prajakta attended to many questions posed by attendees.



नंतर विद्यार्थिनींनी पण प्रतिक्रिया दिली आणि त्यात सर्वांनी तिची खूप प्रशंसा केली. सर्व विद्यार्थिनींनी मनोगत व्यक्त करताना हे आवर्जून नमूद केले की आता त्यांना बाहेर पडायची लाज वाटत नाही, किंवा बँकेत सर्व व्यवहार जमतात, पूर्वी आपण कुठल्या बसमध्ये बसला आणि ही बस कुठे जाते हे पण त्यांना कळायचं नाही. पण आता त्यांचं जीवन आमूलाग्र बदलला आहे. लोकांचा त्यांच्याकडे बघण्याचा दृष्टिकोन बदलला आहे. अध्यक्ष विवेक कुलकर्णी यांनी मार्गदर्शन करताना सांगितले की तुम्ही जे संपादन केले आहे त्याचा सतत सराव करत राहिला पाहिजे, वाचन करणे लिहीणे सतत चालू ठेवावे. अजून पुढची पायरी गाठायचा प्रयत्न करावा. सर्वांना प्रमाणपत्राचे वाटप झाल्यावर आणि यथोचित सत्कार आणि आभार प्रदर्शन झाल्यावर हा कार्यक्रम संपला. *Mukund C.*

Project आत्म सन्मान

रोटरी क्लब पुणे मेट्रो आणि आदिम सेवा संस्था, आंबेगाव, भीमाशंकर जवळ, यांच्या संयुक्त विद्यमाने 2021-22 च्या रोटरी वर्षात प्रौढ साक्षरता वर्ग कर्वेनगर येथे चालवण्यात आला होता. काही कारणास्तव त्याचा कालावधी लांबल्याने 2022 च्या नोव्हेंबर मध्ये तो वर्ग संपन्न झाला. त्याची परीक्षा वगैरे सर्व प्रौढशिक्षित विद्यार्थिनींनी दिली आणि यशस्वीपणे उत्तीर्ण झाल्या. त्या सर्वांचं प्रमाणपत्र वाटप करण्याचा एक छोटा, अनौपचारिक आणि अतिशय घरगुती वातावरणात काल झाला. रोटरी मेट्रो अध्यक्ष विवेक कुलकर्णी आणि प्रकल्प समन्वयक म्हणून Mukund chiplunkar हजर होते. आदिम संस्थेकडून अनिल सुपे हजर होता. आणि त्याशिवाय साक्षरता वर्गाच्या शिक्षिका इंद्रायणी इंगळे आणि एक पाच सात विद्यार्थिनी हजर होत्या. अनिल सुपे यांनी सूत्रसंचालन केले त्यांच्या शिक्षिका इंद्रायणी इंगळे यांनी प्रास्ताविक केले. हे नमूद केले की सर्व विद्यार्थिनींच्या सोयीनुसार दुपारी एक ते दोन तास वेळ काढून तिथे वर्ग भरवण्यात येत होता. जिथे वर्ग भरत होता ती जागा इंद्रायणीच्या आई-बाबांनी तिच्या आणि तिच्या भावडांच्या अभ्यासासाठी घेतली होती. इंद्रायणीला शिकवण्याची खूप आवड आहे. तिचा तो कल बघून तिच्या आई-वडिलांनी तिला प्रौढ साक्षरता वर्ग घेण्यासाठी प्रोत्साहन दिले. विद्यार्थिनी आणि शिक्षिका यांच्या वयातला फरक बघता इंद्रायणीसाठी हे खूप मोठे आव्हान होते. विद्यार्थ्यांनी कुठेही निराश न होऊ देता त्यांना सतत प्रोत्साहन देणे त्यांचा कल बघून त्यांना शिकवणे आणि त्यांना समजेल अशा रीतीने सर्व गोष्टी सोप्या करून सांगणे हे तिने यशस्वीपणे पार पाडले

Rotary – International affairs

Rotary is an international organization, represented in more than 200 countries. It is natural that it is active in participating in international affairs promoting peace, friendship, and alleviating hardships. **Global Grant Projects:** This is most important support Rotary gives to execute large impactful projects for any club having limited resources of its own compared to the total outlay of project. The contributions are made by lead club, its district, foreign partner, its district and Rotary International. **Eradication of Polio:** Rotary has been working to eradicate polio for more than 35 years. As a founding partner of the **Global Polio Eradication Initiative**, Rotary has helped reducing polio cases by 99.9 percent since its first project in 1979. Cases are prevalent only in Pakistan and Afghanistan today. Rotary members have contributed more than \$2.1 billion and countless volunteer hours to protect nearly 3 billion children in 122 countries. Rotary's advocacy efforts have played a role in decisions by governments to contribute more than \$10 billion to the effort. **The Rotary Peace Fellowship** is designed for leaders with work experience, committed to community and international service to learn and gain experience in another country in their field of specialisation. Each year, The Rotary Foundation awards up to 80 fellowships at premier universities. **New Generations Service Exchange** is a short-term, customizable program for university students and professionals up to age 30. The group visits a country of interest for networking, relationship building, humanitarian service, professional development, and leadership training. Exchanges will be for a few weeks to six months can be arranged for individuals or groups and need not be reciprocal. Friendship Exchange is an international exchange program for Rotary members and friends that allow participants to take turns hosting one another in their homes and clubs. **Rotary Youth Exchange:** Students of ages 15-19 live with a family in another country on reciprocal basis, learning new language, culture, develop lifelong leadership skills, build lasting friendships with young people from other countries, becoming a global citizen. **Fighting Disease:** Rotary sends team of Rotarians to set up temporary clinics, blood donation centres and training facilities in underserved communities, struggling with outbreaks and health care access. **Attending meetings of other clubs abroad:** As a Rotarian one can attend meetings of any club in home country or abroad to learn and develop relationships for clubs or oneself. Clubs can also have joint meetings online. **Metro has been active in all these activities.**

PP Jayant Bokil

Projects and Achievements



RCPM is very happy to give this year's Vocational Excellence Award to Ms Anjali Bhagwat, World No 1, Air Rifle shooter par excellence, at the hands of our DG Dr Anil Parmar.



Solar powered lift irrigation



From vilage Savarli

Four Weeks Training Course for 17 Ladies, all provided with sewing machines on 50% subsidy Two more heavy duty sewing machines for the SHG procured for sewing thick fabric and multi layered projects.



Project Manovedh



Anand Melava at Rathi School



V-Collect with Swachha



District conference



Fundraising Program



Celebrating achievements of RCPM members

Rtn. Manjusha Bhave



Rtn. Prerana



